

# Family Mediation

Resolving difficult issues within your family



- Mediation lets you keep matters private
- Mediation is informal
- Mediation means that no-one 'loses'
- Mediation gets quick results
- In mediation you decide what happens and no-one tells you what to do

## Keeping Families Together

RESOLVING INTERGENERATIONAL CONFLICT AND GETTING FAMILY MEMBERS TALKING AGAIN.

Relationships within families can often become strained. Clashes of lifestyle, communication problems, coupled with people's different standards and aspirations, can lead to serious conflict and potentially damaging consequences.

A lot of the time, people can sort out family arguments just by talking things through. But when things become more serious, they might benefit from additional help to get their relationships back on track. This is when they would call in a family mediator.

The mediator will open up dialogue between family members and will aim to repair their relationships so that the family can stay together: avoiding family breakdown and ultimately preventing homelessness.

"Excellent, really enjoyed it. Everything was really useful."

- Vanessa Slack, YJS Accommodation Worker Roundabout

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## The types of arguments that mediation can address:

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- Clashes of lifestyle between parents and young people
- Differing values
- Access to the home, timekeeping
- Personal habits
- Issues arising from re-structured families and incoming stepchildren
- Tidiness and personal conduct

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## The Mediation Service:

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- Contact us in confidence and we will gladly discuss with you whether we think mediation might help
- A case manager can help you to decide if mediation is the right way to proceed
- We can have a mediator out to you in five working days
- We send a Mediation Summary to you, or the referrer, within 48 hours
- We follow up your case in four weeks to check how you are getting on, and to see that your agreement is holding up.

We look forward to hearing from you and hopefully helping you to get your family relationships back on track

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“A safe space to learn and reflect, it has given me lots of things to think about”

- Jacqui Adams, Regional Manager N.E.  
Contact a Family

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“Really enjoyed it and I am glad I had the opportunity to do this.”

- Rebecca Grantham, ASB Officer.  
Clyde Valley Housing Association

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**Please get in touch for a free and no-obligation chat with us**

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